

## **Parent and Family Services**

### **Adoption.com**

<http://www.adoption.com/>

A resource guide with information, tips, and referrals for hopeful adoptive parents, birth mothers, parenting tips for adopted children, and foster care.

### **American Adoption**

<http://newjersey.adoption.americanadoptions.com/>

A resource guide for parents looking to adopt a child, and those about to give up a child for adoption. This website has a listing of potential families to choose from, as well as a large listing of children up for adoption.

### **Catholic Charities of the Archdiocese of Newark**

[http://www.ccannj.com/children\\_family.php](http://www.ccannj.com/children_family.php)

Multiple services in multiple areas, for Essex, Union, Hudson, and Bergen Counties.

### **Children's Aid and Family Services**

200 Robin Road

Paramus, NJ 07652

201-261-2800

<http://www.cafsnj.org/>

They offer a multitude of services including adoption services, and help with foster care, family services, substance abuse programs, and day care.

### **The Children's Home Society of New Jersey**

635 South Clinton Avenue

Trenton, NJ 08611

609-695-6274

<http://www.chsofnj.org/index.html>

Although located in Trenton, they offer statewide adoption services- both to families looking to adopt, and families giving up a child. They also offer parental counseling for troubled families.

### **The Connection for Women and Families**

79 Maple St.

Summit, NJ 07901

908-273-4242

<http://www.theconnectiononline.org/>

Connection offers fitness classes for adults and children as well as a pre-school and other toddler activities. They teach ESL classes, and offer support groups for women with and survivors of breast cancer. They offer additional programs for teenagers as well.

### **Family Service League**

Main Office

204 Claremont Avenue, Montclair, NJ 07042 973-746-0800

<http://www.familyserviceleague.org/index.html> Our services are specifically designed to assist families and individuals who could not otherwise access the help they need. More than 99% of our counseling clients qualify for reduced rates based on their household income. Programs and services include counseling, the Rape Care Center, the Family Day Nursery, community crisis response, and referrals for domestic violence survivors.

### **Family Support Center of NJ**

Administrative Office

1 AAA Drive, Suite 203

Trenton, NJ 08691

1-800-336-5843

<http://www.fscnj.org/>

The Family Support Center is a clearinghouse of up-to-date information on a national, state and local family support programs, services and disabilities. The Center offers a "One-Stop-Shopping" approach to individuals seeking information on disabilities and services by providing them with easy access to a comprehensive array of services

### **IFS Parenting Support Groups**

256 Columbia Turnpike

Florham Park, NJ

973-765-9050

<http://jfsmetrowest.org/support-groups>

Call ahead to make sure the group a client is interested in is still running

## **Jewish Family Service (Family Counseling)**

### **Main Office**

655 Westfield Ave  
Elizabeth, NJ 07208  
908-352-8375

### **Branch office**

2253 South Avenue, Suite 8  
Scotch Plains, New Jersey 07076

### **Branch Office**

27 Mountain Blvd, Suite 9A  
Warren, NJ 07060

<http://www.jfscentralnj.com>

Help is available for addressing a wide variety of traditional and contemporary family issues and lifestyles. JFS offers private counseling sessions to help with single parenting, remarried families, two-career couples, disciple with love, new parenthood, as well as parenting your adolescent.

## **La Casa de Don Pedro**

75 Park Ave.  
Newark, NJ 07104  
Office: (973) 482-8312  
[www.lacasanwk.org](http://www.lacasanwk.org)

It offers more than 20 programs, which include counseling, child care, education, mentoring, job training and placement, homelessness prevention, energy conservation, leadership development, community economic development, and housing. Within La Casa's day care program (one of the organization's longest and most comprehensive programs), children of diverse backgrounds enjoy family table style meals, learn, and play within an environment that respects and teaches the value of diversity. La Casa also assists a diverse population with its housing and economic programs. In addition, La Casa's welfare-to-work program, which employs a job placement officer, was contracted by the city to provide job search services to residents.

**Nutley Family Service Bureau, Inc.**

155 Chestnut St.

Nutley, NJ 07110

973-667-1884

<http://www.nutleyfamily.com/>

Professionally-staffed counseling agency for families and individuals, intended to provide strength to families under stress.

**Options for Women**

1500 N. Kings Highway, Suite 110

Cherry Hill, NJ 08034

856-795-0048

<http://optionsnj.org/>

All services are free and confidential. Services include pregnancy testing (Verification of Pregnancy), ultrasound, STD testing, non-judgmental options, counseling, resources & referrals (financial, medical, employment, housing, adoption), as well as support for Dads

**Parent Call- In**

Montclair Counseling Center

183 Inwood Avenue

Upper Montclair, New Jersey

973-783-6977 x48

PARENT CALL-IN will help parents understand what is normal and age appropriate, what a child's behavior means and how to respond.

PARENT CALL-IN is for parents of young children and adolescents.

**Parents Anonymous of NJ, Inc.**

\*Multiple support groups, so look online to find the closest one

609-585-7666

[www.pa-of-nj.org](http://www.pa-of-nj.org)

The mission of Parents Anonymous of New Jersey, Inc. is to protect children by strengthening families. We provide mutual support and parent leadership in free, professionally facilitated self-help groups for parents statewide.

**Parents Without Partners (multiple chapters-use website to find nearest one)**

<http://parentswithoutpartners.org/>

Parents Without Partners provides single parents and their children with an opportunity for enhancing personal growth, self-confidence and sensitivity towards others by offering an environment for support, friendship and the exchange of parenting techniques. For the minor children of single parents, it offers them the opportunity to meet peers living within the same family structure and thriving. No more standing out in the crowd or feeling isolated because they are part of the single parent family.